



ateb Benefits

Simply Health

ateb



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This guide will tell you everything you need to know about Simply Health.

Simply Health is a cash health plan that allows you to access and/or claim money back

What exactly can you claim?

You can claim for the following:

- Free eye test — every 2 years
- £49 contribution towards glasses or contact lenses — every 2 years

The detail

- ateb will pay for an eye test every 2 years unless the optician recommends more frequent testing.
- ateb will make a contribution towards either glasses OR contact lenses but not both.
- If you require more frequent eye tests we will only contribute £49 towards new glasses/contacts more frequently than every 2 years if your prescription changes.

Need an eye test?

Contact the Governance Coordinator who can arrange for a Specsavers voucher to be sent to you. This will entitle you to a free eye test and a £49 contribution towards any glasses or contact lenses that you may require.

When you receive your Specsavers voucher please make sure you use this as ateb has to purchase these in advance of your eye appointment. If you use a Specsavers voucher you are unable to claim again via Breathe.

Don't want to/unable to use Specsavers?

We can only issue Specsavers' vouchers, however you can use any opticians you want. If you want to use another optician, book your eye test directly with them, keep the receipt and any receipts for glasses or contacts that you may require and then make an expenses claim via Breathe.



Key things to note:

When claiming via Breathe please refer to the How to claim expenses guide for Breathe and select the following:

- Company Expense Type: Eye test/eye wear contribution
- Project type select: Eye Test/Glasses/Contacts

What else do you need to look at?

- How to claim expenses on Breathe
- Simply Health — you can claim a contribution towards optical costs

If you need more information or have any queries please contact the People Team or for any voucher queries contact the Governance Coordinator.